

What does the Frauengesundheitszentrum Kärnten (Health Centre for Women in Carinthia) offer?

This text is easy to read.

- **Advice**

We provide free advice to you and your family.
We will not tell others what you told us.
Our discussions will be kept secret.

- **Guidance**

We will tell you where to go for which health problem.

- **Presentations**

- **Workshops**

What can you do to stay healthy?

- **Books** on the health of women of all ages

- **Plenty of information**

- **Offers upon request**

We will also visit the neighbourhood where you live.

- **Workshops for girls**

We visit schools and work with girls on the subject of health.

- **Borrow teaching materials**

You can borrow games, films and teaching materials about the health of girls and women from us.