

## **The Health Centre for Women in Carinthia**

The non-profit Frauengesundheitszentrum Kärnten (FGZ Kärnten, Health Centre for Women in Carinthia) has been the **centre of competence** for women-specific and gender-sensitive health promotion since 1999.

Health promotion stands for organising activities in all social spheres. This means that the Frauengesundheitszentrum Kärnten works on both the individual level (for example by preventively visiting clients and providing advice to them in an open and unbiased way) and the structural level (by representing the health-related interests of women in various bodies and cross-sectoral measures, among other things).

The **basic work focuses** on three key topics: **sexual health and contraception, eating disorders** and **women's health in the second half of life**. Its main tasks are the provision of unbiased advice, information, and guidance, as well as the strengthening of personal skills. In order to make it easier for girls and women as well as municipalities and institutions to access high-quality prevention and women-specific aids for coping with health issues, the FGZ Kärnten goes regional, visiting your municipality, organisation, school or company as well.